


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>December cont'd 30</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>31</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🎉 New Years Eve Party/ DJ [FFA]</p> <p>8:00 🍾 Champagne and Snacks [FFA]</p>		<p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p>	<p>Location Keys</p> <p>Activity Room A</p> <p>Around the Building AB</p> <p>Billiards Room B</p> <p>Bus BUS</p> <p>Coffee Bar CB</p> <p>Community Kitchen CK</p> <p>Dining Room DR</p> <p>First Floor Areas FFA</p> <p>living room LR</p>	<p>Resident Birthdays</p> <p>Ann M. 12/2</p> <p>Paula S. 12/3</p> <p>Mary L. 12/8</p> <p>Edward S. 12/22</p> <p>Irene S. 12/24</p> <p>Diana D. 12/25</p> <p>Francis M. 12/29</p>	<p>Toys for Tots Collection / 12 Days of Chocolate</p> <p>9:00 ♥ Solstice Strollers / Nature Walk [AB]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 📧 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 ★ Clayton Allen [LR]</p> <p>3:30 🎨 Art on Canvas [A]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session [B]</p> <p>5:00 🎉 Groton Holiday Celebration [BUS]</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>2</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🍽️ Ambassadors Luncheon (PDR)</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>Christmas Door Decorating Contest Begins</p> <p>Hanukkah Celebration</p> <p>10:00 ♥ Chair/Balance, Weights Exercise (TR)</p> <p>11:00 🎁 Leslie's Jewelry Showcase [CB]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🍷 Wine and Words with Kristen [B]</p>	<p>4</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:00 📧 Senior Learning Network Presents / American Indians [BUS]</p> <p>1:30 ♥ Belltone Hearing [A]</p> <p>2:00 🎯 Sophisticated Duo [LR]</p> <p>3:30 ★ Inspirational Readings/Discussion/Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>Medicare Open Enrollment / Groton Senior Center</p> <p>5</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🍽️ Outing: Out to Lunch [BUS]</p> <p>2:00 ★ Christmas Wreath Making [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🎯 Wii Bowling League / Teams [B]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>6</p> <p>9:00 🎁 Outing: Local Shopping [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ Ball Toss/ Reflex</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 ★ Decorating for the Holiday [AB]</p> <p>2:00 ★ David Glowgoski Christmas [LR]</p> <p>3:30 🎨 Art on Canvas [A]</p> <p>4:00 📷 Solstice Strollers Nature Walk and Photos [AB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Greek Rummy (TR) [B]</p>	<p>Pearl Harbor Remembrance Day</p> <p>7</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History</p> <p>11:00 🎁 Enjoy a Scenic Bus Ride [BUS]</p> <p>11:00 ★ Peace of HeArt Wire Wrapped Creations Jewelry Sale [CB]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo</p> <p>3:00 ★ The Silvertones [LR]</p> <p>3:30 🎮 Ice Cream Social [CB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>8</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 ♥ Internet 101 / Learning Skype</p> <p>1:30 📧 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 🎉 Dance Extension [LR]</p> <p>2:00 ★ Moments in Time with Kelly [LR]</p> <p>3:30 🎨 Downton Abbey</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session [B]</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>9</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>4:00 ★ Pat Mitchel on Piano [LR]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>10</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🎻 Eastern Ct. Symphony Youth Orchestra [LR]</p> <p>7:00 🎮 UNO Card Game [B]</p>	<p>11</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:00 🎯 Bea Smith Clothing Sale [LR]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 ♥ Healing Touch Seminar (TR)</p> <p>3:30 ★ Inspirational Readings/Discussion/Notes (TR)</p> <p>4:00 ★ The Mondello's [LR]</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>12</p> <p>9:00 📷 Mohegan Sun Casino Trip [BUS]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:30 🎯 End of 12 Days of Chocolate Raffle [DR]</p> <p>2:00 ♥ Flu & Shingles Awareness Seminar (TR)</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🎯 Wii Bowling League / Teams [B]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>13</p> <p>9:00 🎁 Outing: Local Shopping [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎁 Santa and Mrs Clause & Marines Toy Pick Up & Sing Along [LR]</p> <p>4:00 📷 Solstice Strollers Nature Walk and Photos [AB]</p> <p>7:00 🎮 Greek Rummy (TR) [B]</p>	<p>14</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 🎁 Enjoy a Scenic Bus Ride [BUS]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 🎮 Ice Cream Social [A]</p> <p>7:00 ★ Lymes Village Voices Christmas [LR]</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>15</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 📧 Internet 101 / Learning Messenger</p> <p>1:30 📧 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 🎤 Karaoke / Moments in Time with Kelly [A]</p> <p>3:00 🎨 Living the Dream [LR]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>16</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>17</p> <p>9:00 ♥ Dr. Walter (Podiatrist) [A]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🍽️ Path to Wellness Luncheon (PDR)</p> <p>2:00 ★ Adult Coloring [A]</p> <p>2:00 🏥 Medicine Shoppe Seminar (TR)</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 ★ Celtic Christmas Harp [LR]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 UNO Card Game [B]</p>	<p>18</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🎉 December Birthday Bash [DR]</p> <p>1:15 ★ Ledyard Carolers [DR]</p> <p>2:00 📷 Adventure Travel (TR)</p> <p>3:00 ♥ Cardio Pulmonary Seminar (TR)</p> <p>3:30 ★ Inspirational Readings/Discussion/Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>19</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:00 🍽️ Cooking with Bunny [CK]</p> <p>11:00 🎯 Jewelry Sale with May [CB]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🍽️ Outing: Out to Lunch [BUS]</p> <p>2:00 🍪 Cookie Baking for First Responders [CK]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🎨 Art on Canvas [A]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>20</p> <p>9:00 🎁 Outing: Local Shopping [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🍪 Cookie Baking for First Responders [CK]</p> <p>3:00 ★ Father Darius Catholic Mass (TR)</p> <p>4:00 ★ Paul Shlien Christmas Show [LR]</p> <p>4:00 📷 Solstice Strollers Nature Walk and Photos [AB]</p> <p>7:00 🎮 Greek Rummy (TR) [B]</p>	<p>December Solstice</p> <p>21</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 🎁 Enjoy a Scenic Bus Ride [BUS]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🍽️ New Resident Luncheon</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 🎮 Ice Cream Social [A]</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>22</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 📧 Internet 101 / Sending emails from Ipad [A]</p> <p>1:30 ♥ Internet 101 / Taking Pictures with Your Phone</p> <p>2:00 🎮 Special Prize Bingo (TR)</p> <p>3:30 🎨 Downton Abbey (TR)</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 ★ Disciples Quartet [LR]</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>23</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>Christmas Eve</p> <p>24</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:45 📖 Book Store / Christmas Tree Shop [BUS]</p> <p>3:00 🎮 Bingo (TR)</p> <p>3:00 🍫 Cocoa and Cookies with Kelly / Christmas Stories [CB]</p> <p>4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🎮 UNO Card Game [B]</p>	<p>Christmas Day</p> <p>25</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🎮 Christmas Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🎉 Christmas Buffet [DR]</p> <p>2:00 ★ Miracle on 34th Street Movie (TR)</p> <p>3:00 🍷 Wine and Words [B]</p> <p>3:30 ★ Inspirational Readings/Discussion/Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p> <p>7:00 🎨 Christmas Carole's [LR]</p>	<p>26</p> <p>10:00 🍪 Baking Dog Treats for the Groton Animal Foundation (CK) [CK]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🍽️ Outing: Out to Lunch [BUS]</p> <p>2:00 ★ Ambassador Club Social [B]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🎯 Wii Bowling League / Teams [B]</p> <p>6:30 🍌 Banana Grams [A]</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>27</p> <p>9:00 🎁 Outing: Local Shopping [BUS]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Ann and Frank [LR]</p> <p>4:00 📷 Solstice Strollers Nature Walk and Photos [AB]</p> <p>7:00 🎮 Greek Rummy (TR) [B]</p>	<p>28</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 🎁 Enjoy a Scenic Bus Ride [BUS]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 🎮 Ice Cream Social [CB]</p> <p>7:00 🎮 Pinochle Card Game (TR)</p>	<p>29</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🎮 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:30 ★ Winners of Door Decorating Contest Announced [DR]</p> <p>1:30 📧 Internet 101 / How not to get SCAMMED</p> <p>1:30 📧 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 🎤 Karaoke / Moments in Time with Kelly [A]</p> <p>3:30 🎨 Downton Abbey (TR)</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>