



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>9:00 ☀ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>7</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 ☀ Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🏠 UNO Card Game [B]</p>	<p>1</p> <p>New Year's Day</p> <p>9:30 🏠 Crossword Puzzles/ Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>3:30 ★ Inspirational Readings/ Discussion/Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>2</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🚗 Outing: Out to Lunch [BUS]</p> <p>2:00 ☀ Making Bird Feeders [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>6:30 🏠 Wii Bowling League / Teams [B]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>3</p> <p>9:00 🚗 Outing: Local Shopping [BUS]</p> <p>9:30 🏠 Crossword Puzzles/ Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ☀ Art on Canvas [A]</p> <p>4:00 ☀ Solstice Strollers Nature Walk and Photos [AB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session</p> <p>7:00 🏠 Greek Rummy (TR) [B]</p>	<p>4</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 ☀ Enjoy a Scenic Bus Ride [BUS]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 ☕ Ice Cream Social [CB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session [TR]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>5</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 🎩 Red Hats for NICU see Kelly [A]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 🏠 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 ☀ Karaoke /Moments in Time with Kelly [A]</p> <p>3:30 🏠 Downton Abbey [TR]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>13</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>9:00 ☀ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>14</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 ☀ Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🏠 UNO Card Game [B]</p>	<p>15</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🎉 January Birthday Bash [DR]</p> <p>2:00 🏠 Zumba [LR]</p> <p>3:30 ★ Inspirational Readings/Discussion/ Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>16</p> <p>9:00 ☀ Mohegan Sun Casino Trip [BUS]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎨 Arts and Crafts [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🏠 Wii Bowling League / Teams [B]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>17</p> <p>9:00 🚗 Outing: Local Shopping [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Doug Mulcahy [LR]</p> <p>3:00 🎩 Father Darius Catholic Mass [TR]</p> <p>4:00 ☀ Solstice Strollers Nature Walk and Photos [AB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session</p> <p>7:00 🏠 Greek Rummy (TR) [B]</p>	<p>18</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:00 ♥ Exercise</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 🏠 Balance Class / Synergy [TR]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 ☕ Ice Cream Social [CB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session [TR]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>19</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>12:00 🎩 Ambassador Luncheon</p> <p>1:30 🏠 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 ☀ Karaoke /Moments in Time with Kelly [A]</p> <p>3:30 🏠 Downton Abbey [TR]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>20</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>9:00 ☀ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>21</p> <p>Martin Luther King, Jr. Day</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 ☀ Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🏠 UNO Card Game [B]</p>	<p>22</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 ☀ Adventure Travel to Greece [TR]</p> <p>2:00 ★ Gold Key Reception [TR]</p> <p>3:30 ★ Inspirational Readings/Discussion/ Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>23</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🚗 Outing: Out to Lunch [BUS]</p> <p>2:00 ★ Pen Pals / Writing Group [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🏠 Wii Bowling League / Teams [B]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>6:30 🏠 Wii Bowling League / Teams [B]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>24</p> <p>9:00 🚗 Outing: Local Shopping [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Nancy Butler Inspirational Speaker [TR]</p> <p>4:00 ☀ Solstice Strollers Nature Walk and Photos [AB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session</p> <p>7:00 🏠 Greek Rummy (TR) [B]</p>	<p>25</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>10:30 ♥ You Pick it History (TR)</p> <p>11:00 ☀ Enjoy a Scenic Bus Ride [BUS]</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 🎮 Bingo (TR)</p> <p>3:30 ☕ Ice Cream Social [A]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session [TR]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>26</p> <p>9:00 ♥ Solstice Strollers/ Nature Walk [AB]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:30 🏠 Internet 101 / Sending emails from Ipad [A]</p> <p>2:00 ☀ Karaoke /Moments in Time with Kelly [A]</p> <p>3:30 🏠 Downton Abbey [TR]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>7:00 🎮 Saturday Night Bingo (TR)</p>
<p>27</p> <p>9:00 ★ Church Outing : St. Mary's / All Souls Church [BUS]</p> <p>9:00 ♥ Sunday Strollers [AB]</p> <p>9:00 ☀ Sunday Strollers [AB]</p> <p>10:30 ★ Rosary Prayer Group (TR)</p> <p>11:00 ★ Catholic Eucharist (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ♥ Afternoon Puzzles [B]</p> <p>3:00 ★ Adult Coloring Group [A]</p> <p>7:00 🎬 Movie Night (TR)</p>	<p>28</p> <p>9:00 ♥ Dr. Walter (Podiatrist) [A]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ★ Adult Coloring [A]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 ☀ Solstice Strollers/ Nature Walk and Photos [AB]</p> <p>7:00 🏠 UNO Card Game [B]</p>	<p>29</p> <p>9:00 ♥ Outing: Medical Appointments [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>1:45 🏠 Book Store/ Christmas Tree Shop Trip [BUS]</p> <p>2:00 ♥ Understanding Gluten Seminar [TR]</p> <p>3:30 ★ Inspirational Readings/Discussion/Notes (TR)</p> <p>4:30 ♥ Tai Chi (TR)</p> <p>7:00 🎬 C.E.G. Presents Movie Night (TR)</p>	<p>30</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>11:30 🚗 Outing: Out to Lunch [BUS]</p> <p>2:00 ♥ Healing Touch [TR]</p> <p>3:00 🎮 Bingo (TR)</p> <p>4:00 🏠 Wii Bowling League / Teams [B]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session (TR)</p> <p>6:30 🏠 Wii Bowling League / Teams [B]</p> <p>7:00 🏠 Pinochle Card Game (TR)</p>	<p>31</p> <p>9:00 🚗 Outing: Local Shopping [BUS]</p> <p>9:30 🏠 Crossword Puzzles/Teams [B]</p> <p>10:00 ♥ Chair/ Balance, Weights Exercise (TR)</p> <p>11:15 ☕ Coffee & Conversation [CB]</p> <p>2:00 ☀ Banana Grams Game [TR]</p> <p>4:00 ☀ Solstice Strollers Nature Walk and Photos [AB]</p> <p>4:30 ♥ Chair Yoga Relaxation Meditation Session</p> <p>7:00 🏠 Greek Rummy (TR) [B]</p>	<p>Location Keys</p> <p>Activity Room A</p> <p>Around the Building AB</p> <p>Billiards Room B</p> <p>Bus BUS</p> <p>Coffee Bar CB</p> <p>Dining Room DR</p> <p>Television Room TR</p> <p>living room LR</p>	
						<p>Resident Birthdays</p> <p>Gertrude L. 1/1</p> <p>Mimi D. 1/6</p> <p>Judy G. 1/9</p> <p>Marion S. 1/10</p> <p>Joan H. 1/10</p> <p>Phyllis K. 1/10</p> <p>Florence B. 1/10</p> <p>Elena R. 1/12</p> <p>Emma M. 1/13</p> <p>Jean T. 1/15</p> <p>John V. 1/17</p> <p>daniel R. 1/20</p> <p>Janet C. 1/20</p> <p>Alice B. 1/24</p> <p>Bernice "Bunny" M. 1/28</p> <p>Cathy L. 1/29</p>