


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>9:00 📷 Sunday Strollers [AB] 10:30 🌹 Rosary Prayer Group (TR) 11:00 🌹 Catholic Eucharist (TR) 11:15 ☕ Coffee & Conversation [CB] 1:15 🎴 UNO Card Game [A] 2:00 🧠 Afternoon Puzzles [B] 3:00 🌟 Adult Coloring Group [A] 6:30 🗣️ Current Events Group Discussion [B] 7:00 🎬 Movie Night (TR)</p>		<p>Location Keys</p> <p>Activity Room A Around the Building AB Billiards Room B Bus BUS Coffee Bar CB Dining Room DR Television Room TR living room LR</p> <p>Resident Birthdays</p> <p>Theresa S. 3/6 Louis T. 3/9 Francis R. 3/9 John P. 3/18 James D. 3/20 Esther P. 3/23 Cliff F. 3/28</p> <p>📷 Be Adventurous 🚩 Be Challenged 🗣️ Be Connected 👨‍👩‍👧‍👦 Be Family 🌟 Be Inspired 🦋 Be Social 🧡 Be Well</p>			<p>1</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧠 You Pick it History (TR) 11:00 🚌 Enjoy a Scenic Bus Ride [BUS] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎲 Left,Right, Center Dice Game [CB] 2:00 🎲 Bingo (TR) 3:30 🍦 Ice Cream Social [A] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Pinochle Card Game (TR)</p>	<p>2</p> <p>9:00 🧡 Solstice Strollers/ Nature Walk [AB] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Jeopardy Game [B] 2:00 🗣️ Ambassadors Club Luncheon [TR] 3:30 🏰 Downton Abbey [TR] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎲 Saturday Night Bingo (TR)</p>
<p>3</p> <p>9:00 📷 Sunday Strollers [AB] 10:30 🌹 Rosary Prayer Group (TR) 11:00 🌹 Catholic Eucharist (TR) 11:15 ☕ Coffee & Conversation [CB] 1:15 🎴 UNO Card Game [A] 2:00 🧠 Afternoon Puzzles [B] 3:00 🌟 Adult Coloring Group [A] 6:30 🗣️ Current Events Group Discussion [B] 7:00 🎬 Movie Night (TR)</p>	<p>4</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🍌 Banana Grams [CB] 2:00 🌟 Adult Coloring [A] 3:00 🎲 Bingo (TR) 4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>5</p> <p>9:00 🧡 Outing: Medical Appointments [BUS] 9:30 🎴 Crossword Puzzle [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🧠 Beltone Hearing [A] 2:00 🧡 Positive Attitude and Laughter Seminar [TR] 3:30 🌟 Inspirational Readings/Discussion/Notes (TR) 4:30 🧘 Tai Chi (TR) 7:00 🗣️ C.E.G. Presents Movie Night (TR)</p>	<p>Ash Wednesday 6</p> <p>9:30 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧡 Ball Toss Reflex Exercise [TR] 11:15 ☕ Coffee & Conversation [CB] 11:30 🗣️ Outing: Out to Lunch [BUS] 1:30 🎴 Wii Bowling [B] 2:00 🌟 Receive Ashes [TR] 3:00 🎲 Bingo (TR) 4:00 🎴 Wii Bowling (Team 2) [B] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎴 Pinochle Card Group [TR]</p>	<p>7</p> <p>9:00 🗣️ Outing: Local Shopping [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Checkers Game [CB] 2:00 🧠 Factual, Fun & Anecdotal Bits [TR] 3:00 🗣️ Writing Prompt Club [A] 4:00 📷 Solstice Strollers Nature Walk and Photos [AB] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Greek Rummy [B]</p>	<p>8</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧠 You Pick it History (TR) 11:00 🚌 Enjoy a Scenic Bus Ride [BUS] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎲 Left,Right, Center Dice Game [CB] 2:00 🎲 Bingo (TR) 3:30 🍦 Ice Cream Social [A] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Pinochle Card Game (TR)</p>	<p>9</p> <p>9:00 🧡 Solstice Strollers/ Nature Walk [AB] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🗣️ Gold Key Reception [TR] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Jeopardy Game [B] 2:00 🗣️ Karaoke /Moments in Time with Kelly [A] 3:30 🏰 Downton Abbey [TR] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎲 Saturday Night Bingo (TR)</p>
<p>Daylight Saving Time Begins 10</p> <p>9:00 📷 Sunday Strollers [AB] 10:30 🌹 Rosary Prayer Group (TR) 11:00 🌹 Catholic Eucharist (TR) 11:15 ☕ Coffee & Conversation [CB] 1:15 🎴 UNO Card Game [A] 2:00 🧠 Afternoon Puzzles [B] 3:00 🌟 Adult Coloring Group [A] 6:30 🗣️ Current Events Group Discussion [B] 7:00 🎬 Movie Night (TR)</p>	<p>11</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🍌 Banana Grams [CB] 2:00 🌟 Adult Coloring [A] 3:00 🎲 Bingo (TR) 4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>12</p> <p>9:00 🧡 Outing: Medical Appointments [BUS] 9:30 🧠 Blood Pressure Clinic [A] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🧠 Beltone Hearing [A] 2:00 🗣️ Adventure Travel to Ireland [TR] 3:30 🌟 Inspirational Readings/Discussion/Notes (TR) 4:30 🧘 Tai Chi (TR) 7:00 🗣️ C.E.G. Presents Movie Night (TR)</p>	<p>13</p> <p>9:00 📰 Daily Chronicles [CB] 9:00 🗣️ Mohegan Sun Casino Trip [BUS] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧡 Ball Toss Reflex Exercise [TR] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Wii Bowling (Team #1) [B] 3:00 🎲 Bingo (TR) 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🧡 Joe Delacruz State Representative for 41st District [LR] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>14</p> <p>9:00 🗣️ Outing: Local Shopping [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Checkers Game [CB] 2:00 🗣️ Sophisticated Duo [LR] 3:00 🗣️ Writing Prompt Club [A] 4:00 📷 Solstice Strollers Nature Walk and Photos [AB] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Greek Rummy (TR) [B]</p>	<p>15</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧠 You Pick it History (TR) 11:00 🚌 Enjoy a Scenic Bus Ride [BUS] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎲 Left,Right, Center Dice Game [CB] 2:00 🎲 Bingo (TR) 3:30 🍦 Ice Cream Social [A] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Pinochle Card Game (TR)</p>	<p>16</p> <p>9:00 🧡 Solstice Strollers/ Nature Walk [AB] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Jeopardy Game [B] 2:00 🗣️ Vibrant Life Inspires [TR] 3:30 🏰 Downton Abbey [TR] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎲 Saturday Night Bingo (TR)</p>
<p>17</p> <p>9:00 📷 Sunday Strollers [AB] 10:30 🌹 Rosary Prayer Group (TR) 11:00 🌹 Catholic Eucharist (TR) 11:15 ☕ Coffee & Conversation [CB] 1:15 🎴 UNO Card Game [A] 2:00 🌟 I Dream of Ireland Faith Leitner on Harp [LR] 3:00 🗣️ Irish Cafe [CB] 6:30 🗣️ Current Events Group Discussion [B] 7:00 🎬 Movie Night (TR)</p>	<p>18</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🍌 Banana Grams [CB] 2:00 🌟 Adult Coloring [A] 3:00 🎲 Bingo (TR) 4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>19</p> <p>9:00 🧡 Outing: Medical Appointments [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 12:00 🗣️ February Birthday Bash [DR] 1:30 🧠 Wheel of Fortune [B] 2:00 🗣️ Alan Devalerio (History of the White House) [TR] 3:00 🎴 Zumba Dance [LR] 3:30 🌟 Inspirational Readings/Discussion/Notes (TR) 4:30 🧘 Tai Chi (TR) 7:00 🗣️ C.E.G. Presents Movie Night (TR)</p>	<p>20</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧡 Ball Toss Reflex Exercise [TR] 11:15 ☕ Coffee & Conversation [CB] 11:30 🗣️ Outing: Out to Lunch [BUS] 1:30 🎴 Wii Bowling (Alley Cats) [B] 3:00 🎲 Bingo (TR) 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 6:30 🏊 Pool with Larry [B] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>21</p> <p>9:00 🗣️ Outing: Local Shopping [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Checkers Game [CB] 2:00 🧡 A Lil Bit O' Erin [LR] 3:00 🌟 Father Darius Catholic Mass 3:30 🗣️ Writing Prompt Club [A] 4:00 📷 Solstice Strollers Nature Walk and Photos [AB] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Greek Rummy (TR) [B]</p>	<p>22</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧠 You Pick it History (TR) 11:00 🚌 Enjoy a Scenic Bus Ride [BUS] 11:15 ☕ Coffee & Conversation [CB] 12:00 🗣️ Ambassador Club Luncheon [TR] 1:30 🎲 Left,Right, Center Dice Game [CB] 2:00 🎲 Bingo (TR) 3:30 🍦 Ice Cream Social [A] 4:00 🗣️ Paul Schlien on Piano (Family Happy Hour) [LR] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Pinochle Card Game (TR)</p>	<p>23</p> <p>9:00 🧡 Solstice Strollers/ Nature Walk [AB] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 12:00 🗣️ Ambassadors Club Luncheon [TR] 1:30 🎴 Jeopardy Game [B] 2:00 🗣️ Karaoke /Moments in Time with Kelly [A] 3:30 🏰 Downton Abbey [TR] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎲 Saturday Night Bingo (TR)</p>
<p>24</p> <p>9:00 📷 Sunday Strollers [AB] 10:30 🌹 Rosary Prayer Group (TR) 11:00 🌹 Catholic Eucharist (TR) 11:15 ☕ Coffee & Conversation [CB] 1:15 🎴 UNO Card Game [A] 2:00 🧠 Afternoon Puzzles [B] 3:00 🌟 Adult Coloring Group [A] 6:30 🗣️ Current Events Group Discussion [B] 7:00 🎬 Movie Night (TR)</p>	<p>25</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🍌 Banana Grams [CB] 2:00 🌟 Adult Coloring [A] 3:00 🎲 Bingo (TR) 4:00 📷 Solstice Strollers/ Nature Walk and Photos [AB] 7:00 🎴 Pinochle Card Group [TR]</p>	<p>26</p> <p>9:00 🧡 Outing: Medical Appointments [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🧠 Wheel of Fortune [B] 3:30 🌟 Inspirational Readings/Discussion/Notes (TR) 4:30 🧘 Tai Chi (TR) 7:00 🗣️ C.E.G. Presents Movie Night (TR)</p>	<p>27</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧡 Ball Toss Reflex Exercise [TR] 11:00 🗣️ West side Middle School Singing [LR] 11:15 ☕ Coffee & Conversation [CB] 11:30 🗣️ Outing: Out to Lunch [BUS] 1:30 🎴 Wii Bowling (Alley Cats) [B] 3:00 🎲 Bingo (TR) 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎴 Pinochle Card Group [TR]</p>	<p>28</p> <p>9:00 🗣️ Outing: Local Shopping [BUS] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 1:30 🎴 Checkers Game [CB] 3:00 🗣️ Writing Prompt Club [A] 4:00 📷 Solstice Strollers Nature Walk and Photos [AB] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Greek Rummy (TR) [B]</p>	<p>29</p> <p>9:00 📰 Daily Chronicles [CB] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 10:30 🧠 You Pick it History (TR) 11:00 🚌 Enjoy a Scenic Bus Ride [BUS] 11:15 ☕ Coffee & Conversation [CB] 1:30 🎲 Left,Right, Center Dice Game [CB] 2:00 🎲 Bingo (TR) 3:30 🍦 Ice Cream Social [A] 4:30 🧘 Chair Yoga Relaxation Meditation Session [TR] 7:00 🎴 Pinochle Card Game (TR)</p>	<p>30</p> <p>9:00 🧡 Solstice Strollers/ Nature Walk [AB] 9:30 🎴 Crossword Puzzles/Teams [B] 10:00 🧘 Chair/ Balance, Weights Exercise (TR) 11:15 ☕ Coffee & Conversation [CB] 12:00 🗣️ Living the Dream [DR] 1:30 🎴 Jeopardy Game [B] 2:00 🗣️ Karaoke /Moments in Time with Kelly [A] 3:30 🏰 Downton Abbey [TR] 4:30 🧘 Chair Yoga Relaxation Meditation Session (TR) 7:00 🎲 Saturday Night Bingo (TR)</p>